

# Daughters of Penelope

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## Zoe Cavalaris Hellenic Athletic Women's Award

Dear Sisters:

I would like to thank Grand President Elaine Sampanis for appointing me to the National Zoe Cavalaris Hellenic Athletic Women's Award Chairmanship for 2010. I thank the Cavalaris family for their continued generosity and support in making this Award possible for our young athletes.

Sports play an important role in the everyday social scene at American High Schools Colleges and Universities. This award is offered to any female (professional or amateur) who is qualified and gifted in sports and meets the guidelines specified in the attached "Information and Application Process" to be considered. The committee will work with all applicants still in their current school year concerning required school documents.

All District Governors, Chapter Presidents, Chapter Officers and members are asked to look among the youth in your community and seek out deserving young female athletes who exemplify excellence in Athletics to apply for this award.

This award will be presented to the selected recipient at the AHEPA Athletic Awards Luncheon during the 2010 Supreme Convention in Montreal, Canada July 11<sup>th</sup> to July 18<sup>th</sup>, 2010. This year all applications **MUST BE POSTMARKED NO LATER THAN JUNE 1<sup>st</sup>, 2010** with "**RETURN RECEIPT REQUESTED**". This will allow proper time to review the applications, make our selection and prepare the necessary awards. We will not accept any applications beyond the postmarked deadline date.

Please forward all correspondence, applications and questions, to me at the address listed below.

I look forward to hearing from you.

Regards in Theta Pi,

Georgia Gastouniotis  
Zoe Cavalaris Athletic Chairman  
1037 Sandpiper Lane  
Santa Barbara, CA 93110-2078

Home – (805) 683-4919  
Fax – (805) 683-4919 (must call first)  
Cell – (805) 455-6725  
[ginagaston@cox.net](mailto:ginagaston@cox.net)

# *Daughters of Penelope*

ZOE CAVALARIS

OUTSTANDING FEMALE  
ATHLETE AWARD

**2010**

INFORMATION AND APPLICATION PROCESS

*The Daughters of Penelope Zoe Cavalaris Outstanding Female Athlete Award honors a young woman of Hellenic descent who has exhibited excellence in athletic ability and accomplishment in any sport or series of sports during the school year from August 1, 2009 to June 1, 2010*

**The Daughters of Penelope Zoe Cavalaris Outstanding Female Athlete Award, established by Past Grand President Zoe Lucas Cavalaris (1918-1985), honors an amateur Hellenic young woman who has achieved highest athletic accomplishments in high school or college and maintained a high sense of scholarship, community and civic involvement.**

### **Important Information**

- 1) The award was conceived to honor a young woman of Hellenic descent, meaning she must have a parent or grandparent of Hellenic descent.
- 2) The recipient shall be a young lady who has achieved or continues to achieve unusually high quality athletic ability and accomplishment in a sport or series of sports.
- 3) The recipient shall be a high school or college amateur female athlete recognized for her accomplishments during her high school and /or college athletic years.
- 4) The award may consist of any or all of the following:
  - a. A scholarship check (amount to be determined yearly);
  - b. An engraved plaque;
  - c. Public recognition at the Awards Luncheon at the AHEPA National Convention.
  - d. Publication of the name, biography, and accomplishments in all available AHEPA publications, including but not limited to the AHEPAN Magazine and "Penelope's Scroll".
  - e. Ground or air transportation and hotel accommodations (two nights) for the Awardee to the AHEPA Family National Convention (within the continental United States).
- 5) This award may not be awarded more than once to the same person.
- 6) Evaluation and ranking of the applicants will be conducted by a group of no less than three (3) professionals in the world of athletics, who will be appointed by the Chairman of the ZOE Cavalaris Award.
- 7) Nominations may be made by or through any sponsoring Daughters of Penelope Chapter.
- 8) All applications must be **typewritten or computer printed on white paper.**
- 9) All applications must be **postmarked no later than June 1, 2010 to be considered.** To ensure proper delivery to the Athletics Chairman, applications must be submitted "**Return Receipt Requested.**"

## **APPLICATION REQUIREMENTS AND INSTRUCTIONS**

### **ON 8 ½ x 11” PAER, COMPLETE THE FOLLOWING INFORMATION:**

**(ON EACH SHEET INCLUDE YOUR FULL NAME IN THE UPPER RIGHT HAND CORNER)**

- 1) Fill Name
- 2) Home Address
- 3) City, State, Zip Code
- 4) Home Telephone and Cell Phone
- 5) FAX
- 6) E-mail
  
- 7) List Biographical Information to include the following:
  - a. Birth Date
  - b. Parents and Sibling Names
  - c. High School Attended and Dates
  - d. College Attended and Dates
  - e. Present Academic Status
  - f. Current GPA and Current Overall GPA
  - g. Academic Honors
  - h. Other Honors
  - i. Extracurricular Activities (other than sports)
  - j. Church and/or Community Involvement
  - k. Church Name, City, State
  - l. Any Other Special Achievements
  
- 8) List all sports activities, individual as well as team participation in which you are involved, positions held, honors received and other pertinent information.
  
- 9) Include two (2) letters of recommendation from individuals who have been personally involved in your athletic and academic achievements. Examples include coaches, professors, teachers, etc.
  
- 10) Provide any documentation (newspaper or other), arranged and dated in chronological order, regarding your achievements (copies are acceptable as this material will not be returned to you).
  
- 11) **On separate sheet of paper (one (1) page only and double spaced,** write a statement of your personal and professional goals.
  
- 12) Send a sealed official transcript from your current institution.
  
- 13) Provide a photograph of a headshot no smaller than 3 x 4” on a separate sheet of paper.
  
- 14) List Daughters of Penelope sponsoring Chapter, including name, number, location and contact person.

15) Indicate in writing whether you would be attending the Supreme Convention July 11<sup>th</sup> through July 18<sup>th</sup>, 2010 in Montreal, Canada to receive this award if you are the finalist chosen.

16) **Applications shall be postmarked no later than June 1<sup>st</sup>, 2010.**

17) Failure by the applicant to comply with The Application Requirements as set forth in this document may cause the applicant to be disqualified from consideration by the evaluators.

18) All applications will become the property of the Daughters of Penelope Zoe Cavalaris Outstanding Female Athlete Award and will not be returned.

19) Any questions or concerns regarding this application can be sent to the chairman via e-mail ([ginagaston@cox.net](mailto:ginagaston@cox.net)) or by home phone (805-683-4919) or cell (805-455-6725).

20) Mail all applications **“Return Receipt Requested”** to:

**Georgia Gastouniotis, Athletics Chairman  
1037 Sandpiper Lane  
Santa Barbara, CA 93110-2078**

- ❖ **PHOTOCOPY THIS PAGE.**
- ❖ **COMPLETE THE CERTIFICATION DOCUMENT BELOW.**
- ❖ **SIGN AND DATE THE CERTIFICATION DOCUMENT AND USE IT AS THE COVER PAGE TO YOUR APPLICATION.**

**ATTENTION:** Failure by the applicant to comply with the Application Requirements as set forth in this document may cause the applicant to be disqualified from consideration by the evaluators. All applications will become the property of the Daughters of Penelope Zoe Cavalaris Outstanding Female Athletic Award Committee and will not be returned.

**CERTIFICATION DOCUMENT (PLEASE PRINT)**

**NAME OF APPLICANT**

\_\_\_\_\_

**NAME OF FAMILY MEMBER OF HELLENIC DESCENT**

\_\_\_\_\_ RELATIONSHIP \_\_\_\_\_  
(PARENT/GRANDPARENT)

**SPONSORING DAUGHTERS OF PENELOPE CHAPTER**

NAME \_\_\_\_\_ NUMBER \_\_\_\_\_

CITY/STATE \_\_\_\_\_

TOTAL NUMBER OF APPLICATION PAGES (INCLUDING THIS PAGE) \_\_\_\_\_

I certify that all statements and information included in this application are true, to the best of my ability and knowledge.

\_\_\_\_\_

**SIGNATURE**

\_\_\_\_\_

**DATE**

**ALL APPLICATIONS SHOULD BE MAILED AS EARLY AS POSSIBLE POSTMARKED NO LATER THAN JUNE 1<sup>ST</sup>, 2010, "RETURN RECEIPT REQUESTED" TO:**

**GEORGIA GASTOUNIOTIS  
1037 SANDPIPER LANE  
SANTA BARBARA, CA 93110-2078**